



FLOWpresso® helps to restore the natural biological balance, allowing the body to repair, recover and rejuvenate. Enhancing your overall mental and physical health.

Compression

FLOWpresso® utilises a controlled cycle of inflation and deflation to naturally stimulate flow in the body. Compression encourages the body to release toxins and change the way it processes.

Far Infrared Heat

FLOWpresso® applied far-infrared heat to each of the four sections of the garment, as the gentle warmth encourages a relaxing, sleep-promoting effect. The embrace of far-infrared heat allows the body to rest and relax in such way that helps restore balance and improve your overall state of health.

Deep Pressure Therapy

FLOWpresso® delivers targeted deep pressure to the body - similar to a hug - through each individual chamber, generating a profoundly relaxing effect, allow the body to rest, and release the daily stressors of life.

FLOWpresso® has shown to:

- Improve the quality of your sleep and reduce stress
- Increase energy and overcome fatigue
- Promote mental alertness
- Reduce Anxiety
- Improve self-esteem and minimise emotional responses
- Improve sports performance, recovery and endurance
- Enhance mobility and flexibility
- Support weight management
- Restore balance and support natural self-healing mechanisms.

